



VISIT OUR WEBSITE

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August



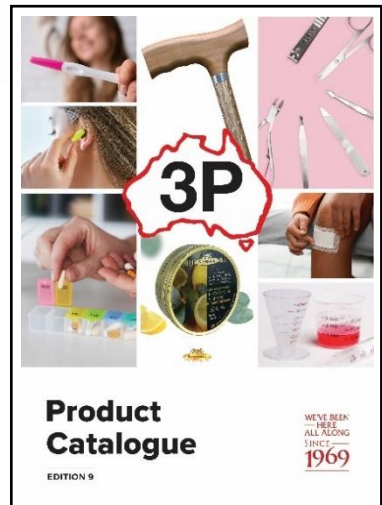
Newsletter

Available Now!

NEW CATALOGUE



Contact 3P office
to request your copy.



SB959

HEAD SCAN THERMOMETER NO TOUCH

- 1 second measurement
- 32 group memory
- High fever alarm
- Body surface temperature measurement
- LCD display

R/R \$69.99

SURGICAL BASICS



LIVING TEXTILES



3PC WOODEN BRUSH SET

LT2

W/S \$21.21 RRP \$34.99



GOOSEY GOOSEY 3PK
WASHCLOTHS

LT12

W/S \$12.12 RRP \$19.99



CUDDLY BEAR 3PK
WASHCLOTHS

LT11

W/S \$12.12 RRP \$19.99



CUDDLY BEAR HOODED
TOWEL

LT9

W/S \$24.24 RRP \$39.99



GOOSEY GOOSEY HOODED
TOWEL

LT10

W/S \$24.24 RRP \$39.99



GOOSEY GOOSEY FOLDABLE
WATERPROOF CHANGE MAT

LT13

W/S \$33.33 RRP \$54.99



CUDDLY BEAR SHARPA
PRAM BLANKET

LT14

W/S \$27.27 RRP \$44.99



GOOSEY GOOSEY SHARPA
PRAM BLANKET

LT15

W/S \$27.27 RRP \$44.99



PRAM TOYS
(KOOKABURRA/KANGAROO)

LT16

W/S \$24.24 RRP \$39.99



PRAM TOYS
(COCKATOO/KOALA)

LT17

W/S \$24.24 RRP \$39.99



AVA THE FAWN RATTLE

LT22

W/S \$16.96 RRP \$27.99



NOAH THE GIRAFFE RATTLE

LT23

W/S \$16.96 RRP \$27.99



AVA THE FAWN SOFT
KNITTED TOY

LT24

W/S \$24.24 RRP \$39.99



LEO THE LION SOFT
KNITTED TOY

LT25

W/S \$24.24 RRP \$39.99



HENRY THE HIPPO SOFT
KNITTED TOY

LT26

W/S \$24.24 RRP \$39.99



BELLA THE BUNNY SOFT
KNITTED TOY

LT20

W/S \$21.21 RRP \$34.99

LIVING TEXTILES



KIMMY THE KOALA SOFT
KNITTED TOY

LT21

W/S \$21.21 RRP \$34.99



MY FIRST DOLL LOLA

LT18

W/S \$24.24 RRP \$39.99



MY FIRST DOLL VIOLET

LT19

W/S \$24.24 RRP \$39.99



DENIS THE DINASOUR LINEN
TOY (LARGE)

LT27

W/S \$21.21 RRP \$34.99



EDDIE THE ELEPHANT LINEN
TOY (LARGE)

LT28

W/S \$21.21 RRP \$34.99



ZIPPY PULL TOY

LT1

W/S \$18.18 RRP \$29.99



TEETHING BALL

LT6

W/S \$12.12 RRP \$19.99



MULTI-SURFACE TEETHING
WHEEL (BLUE)

LT3

W/S \$13.93 RRP \$22.99



MULTI-SURFACE TEETHING
WHEEL (PINK)

LT4

W/S \$13.93 RRP \$22.99



MULTI-SURFACE TEETHING
WHEEL (SAGE)

LT5

W/S \$10.90 RRP \$17.99



TEETHERS WHALE CLOUD

LT8

W/S \$9.08 RRP \$14.99



TEETHERS STAR CLOUD

LT7

W/S \$9.08 RRP \$14.99



DUMMY CHAIN

LT29

W/S \$9.08 RRP \$14.99

Available Now!

3P

19



63

LIVING
TEXTILES
AUSTRALIA



Australian distributor of SIMPKINS TRAVEL SWEETS



J61	MIXED FRUIT DROPS 200g	J71	COFFEE 175g
J62	TROPICAL FRUIT 200g	J72	APPLE RASPBERRY CRANBERRY 200g
J63	ORANGE LEMON GRAPEFRUIT 200g	J73	RHUBARB CUSTARD 175g
J64	STRAWBERRY & CREAM 200g	J74	MANDARIN & LIME 175g
J65	MIXED MINT 200g	J75	TROPICAL SUGAR FREE 150g
J66	BARLEY SUGAR 200g	J76	MIXED FRUIT SUGAR FREE 150g
J67	BUTTERSCOTCH 200g	J77	FOREST FRUIT SUGAR FREE 150g
J68	BLACKCURRANT 200g	J82	LEMON HONEY CHAMOMILE 175g
J69	FOREST FRUIT 200	J88	CAPPUCINO SUGAR FREE 175g
J70	CITRUS LEMON SOUR CHERRY 200g	J92	EUCALYPTUS LEMON 175g NEW!



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PAY by CREDIT CARD
MASTERCARD or VISA



NO CREDIT CARD FEES!

JoOlley



EC - Ear Candles 1pr R/R 9.99

EC4 - Ear Candles 2pr R/R \$18.99

ECB - Ear Candles 1pr
(Display of 12) R/R \$9.99ea

ECDOZ - Ear Candles
72 pairs (bulk buy)
R/R \$6.99ea



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EAR CANDLES
www.3p.com.au

SURGICAL BASICS



Stock up on hot water bottles!

Item No: SB810

Hot Water Bottle 2L BS 1970:2012

WS \$6.06 RRP \$9.99

Carton Qty - 20

ONE PAN DINNERS...

Marry Me Chicken Orzo



Ingredients

650g (1.4 lb) Chicken breast (about x4), Skinless and boneless. Chopped

1tbsp Olive oil, Or oil from sun dried tomatoes jar

3 Garlic cloves, Peeled and crushed

170g (6 oz) Sun-dried tomatoes (in oil), Drained

1tsp Oregano

2tsp Paprika

250g (9 oz) Orzo

650ml (2.75 cups) Hot chicken stock

150ml (0.75 cups) Double cream

50g (2 oz) Parmesan, Grated

120g (4 oz) Spinach

Freshly ground black pepper



Instructions

In a large, deep-frying pan, heat the oil over a medium heat. When it's hot, carefully add the chicken pieces.

Cook for 5 minutes stirring occasionally until all sides are starting to colour.

Reduce the heat and add the garlic, sun-dried tomatoes, oregano and paprika. Stir for 3-5 minutes until the garlic is softened.

Add the orzo, stock, and some pepper and give everything a good stir and put the lid on. Cook for 10 minutes, stirring occasionally, until the orzo is almost cooked.

Turn the heat to the lowest setting add the spinach and cream and stir very well for 1-3 minutes until the spinach is wilted and the cream is heated through. Check the chicken is cooked through.

Turn off the heat and stir in the parmesan.

Cheesy Baked Gnocchi

Ingredients

300g (11 oz) Broccoli, Cut into very small pieces

1 Onion, Peeled and chopped

2tbsp Olive oil

500g (1.1 lb) Gnocchi, I used dried

25g (1 oz) Cornflour, See notes

300ml (1.25 cups) Milk

300ml (1.25 cups) Crème fraîche

75g (3 oz) Parmesan cheese, Grated

1tsp Wholegrain mustard

1tsp Garlic granules

Sea salt and freshly ground black pepper

Instructions

Preheat the oven to 200°C/400F fan, 220°C/425F

Put the broccoli, onion and 1 tbsp of the olive oil, with plenty of salt and pepper, into a shallow roasting tin. Stir to coat with the oil. Roast for 10 minutes.

Add the gnocchi, the remaining oil and stir well. Return to the oven for 10 minutes.

While it's in the oven, mix the cornflour with just enough of the milk to make a smooth paste in a small bowl.

Then stir in the crème fraîche and whisk until smooth. Add the rest of the milk and whisk again until smooth.

Add two thirds of the parmesan, the mustard, garlic granules and more salt and pepper.

Add the creme fraiche mixture to the roasted gnocchi, stir through and sprinkle the remaining Parmesan on top.

Bake for a further 10 minutes.

