

HOPE TO SEE YOU THERE...  Booth 421 & 422

February Newsletter



APP

12-14 March 2026
Gold Coast



2026
Valentine's
DAY



PILL BOX WEEKLY 2/DAY
24 x 12 x 2cm ~ R/R \$15.99ea



NEED A COPY OF AN INVOICE?
If you go to the bottom of your emailed account statement and click on 'Pay Now' you can reprint your invoices 😊



 **PAY by CREDIT CARD**
MASTERCARD or VISA



NO CREDIT CARD FEES!



EXCLUSIVE Australian



distributor of SIMPKINS TRAVEL SWEETS

J61	SIMPKINS MIXED FRUIT 200G	J69	SIMPKINS FOREST FRUIT 200G
J62	SIMPKINS TROPICAL FRUIT 200G	J70	SIMPKINS CITRUS LEMON SOUR CHERRY 200G
J63	SIMPKINS ORANGE LEMON GRAPEFRUIT 200G	J71	SIMPKINS COFFEE 175G
J64	SIMPKINS STRAWBERRY & CREAM 200G	J72	SIMPKINS APPLE RASPBERRY CRANBERRY 200G
J65	SIMPKINS MIXED MINT 200G	J73	SIMPKINS RHUBARB CUSTARD 175G
J66	SIMPKINS BARLEY SUGAR 200G	J74	SIMPKINS MANDARIN LIME 200G
J67	SIMPKINS BUTTERSCOTCH 200G	J82	SIMPKINS LEMON HONEY CHAMOMILE 175G
J68	SIMPKINS BLACKCURRANT 200G		

www.3p.com.au



SUGAR FREE varieties...

J75	3P SIMPKINS SUGAR FREE TROPICAL 175G
J76	3P SIMPKINS SUGAR FREE MIXED FRUIT 175G
J77	3P SIMPKINS SUGAR FREE FOREST FRUIT 175G



SB827 – ICE COOLING TOWEL R/R \$12.99ea



**POLYESTER FIBRE
+ 20% POLYAMIDE**

Stay Cool!

LARGER SIZE 30 x 100cm

SIMPLY SOAK THE TOWEL WITH WATER, WRING OUT THE EXCESS WATER AND SHAKE FOR 5 -10 SECONDS GENTLY, TO GENTLY, TO ACTIVATE IT'S COOLING EFFECT...



ICE TOWEL



LIGHT WEIGHT TOWEL INSTANTLY COOLS YOU DOWN



- chemical free
- convenient storage container
- stays cool up to 2 hours
- 30 x 100cm



3P PTY LIMITED
44-46 UNION STREET
WICKHAM NSW 2293
p 02 4962 3822
e sales@3p.com.au
w 3p.com.au



EC - Ear Candles 1pr R/R 9.99

EC4 - Ear Candles 2pr R/R \$18.99

**ECB - Ear Candles 1pr
(Display of 12) R/R \$9.99ea**

**ECDOZ - Ear Candles
72 pairs (bulk buy)
R/R \$6.99ea**



VISIT OUR WEBSITE



JoOlley

EAR CANDLES
www.3p.com.au



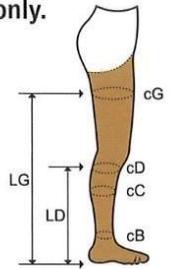
R/R \$24.99

Compression Level 15-21MHG



GT675	GOODTHINGS FLIGHT SOCKS KNEE HIGH BLACK MEDIUM 1pr
GT676	GOODTHINGS FLIGHT SOCKS KNEE HIGH BLACK LARGE 1pr
GT677	GOODTHINGS FLIGHT SOCKS KNEE HIGH BLACK XL 1pr
GT678	GOODTHINGS FLIGHT SOCKS KNEE HIGH BLACK XX LARGE 1pr
GT679	GOODTHINGS FLIGHT SOCKS KNEE HIGH BEIGE MEDIUM 1pr
GT680	GOODTHINGS FLIGHT SOCKS KNEE HIGH BEIGE LARGE 1pr
GT681	GOODTHINGS FLIGHT SOCKS KNEE HIGH BEIGE XL 1pr
GT682	GOODTHINGS FLIGHT SOCKS KNEE HIGH BEIGE XXL 1pr

Care:
Hand wash warm soapy water, air dry only.
Do not iron or dry clean.



Pressure Rating	cB Pressure Value	
	hPa	mmHg
GOODTHINGS SOCKS	20-28	15-21

Remark: 1mmHg=1.333hPa

SIZE	M	L	XL	XXL
LD (Heel to the length of 3cm below the knee)	36-42cm	36-42cm	36-42cm	36-42cm
	33-39cm	36-42cm	39-45cm	42-48cm
	21-25cm	23-27cm	25-29cm	27-31cm



Tender™

<p>* MIR401 * HANDLE MIRROR DOUBLE SIDED 3x & 5x * R/R \$6.99</p>	
<p>* T503 * MIRROR FOLDING COMPACT * R/R \$9.99</p>	
<p>* T508 * MIRROR PEDESTAL 36cm HIGH 17cm DIA * R/R \$32.99</p>	
<p>* T510 * MIRROR METAL DOUBBLE SIDED 14cm DIA * R/R \$14.99</p>	
<p>* T511 * MIRROR MAGNIFYING 10x 9cm * R/R \$8.99</p>	
<p>* T512 * MIRROR MAGNIFYING 20x 9cm * R/R \$10.99</p>	
<p>* T513 * MIRROR 5x SUCTION 19.5cm DIA * R/R \$12.99</p>	
<p>* T515 * MIRROR MAGNIFYING ON STAND 5x 16cm * R/R \$16.99</p>	
<p>* T516 * MIRROR WITH HANDLE 14cm * R/R \$14.99</p>	
<p>* T517 * MIRROR METAL PEDESTAL 1x 7x DOUBLE SIDED * R/R \$26.99</p>	
<p>* T518 * MIRROR METAL PEDESTAL 1x 10x DOUBLE SIDE * R/R \$29.99</p>	

PHONE: (02) 4962 3822 + (02) 9232 7820

FAX: (02) 4962 3818

EMAIL: sales@3p.com.au

WEBSITE: www.3p.com.au



♥ **HAPPY**
Valentine's
DAY ♥

**NO BAKE CHOCOLATE
HAZELNUT CHEESECAKE**

INGREDIENTS

40g unsalted butter
300g digestive biscuit
broken up
500g cream cheese, softened
85g icing sugar
300ml double cream
1 tsp vanilla extract
15 hazelnut chocolates
5 roughly chopped, remainder reserved, to decorate
4 tbsp hazelnut chocolate spread
25g hazelnuts, roughly chopped

METHOD

~ Make the cheesecake base: melt the butter in a small pan over a medium heat. Blitz the biscuits in a food processor to a fine crumb, add the melted butter and pulse until well combined. Tip into a 23cm springform cake tin and press down firmly into the base. Chill while you make the filling.

~ Beat the cream cheese and icing sugar in a bowl to soften. Whisk the cream and vanilla in a separate bowl until soft peaks form, then fold into the cream cheese. Stir through the chopped chocolates. Spoon over the biscuit base and smooth with a spatula. Cover with cling film and chill for at least 6 hrs, or overnight.

~ Once it has set, place the chocolate hazelnut spread in a saucepan and melt over a low heat for 3-4 mins until runny. allow to cool slightly before spreading over the top of the cheesecake. Decorate with remaining chocolates and some chopped hazelnuts. Chill until ready to serve.



LEMON BISCUITS

INGREDIENTS

200g soft butter
140g caster sugar
1 egg yolk
1 tsp vanilla extract
zest 2 lemons, juice 1
280g plain flour, plus a little extra for rolling
½ jar good lemon curd
140g icing sugar, sifted

METHOD

~ Stir together the butter, sugar, egg yolk, vanilla and zest from 1 lemon using a wooden spoon. Stir in the flour – you might need to get your hands in at the end. Tip onto a floured surface, bring together into a smooth dough, then roll out, half at a time, and stamp out 5-6cm rounds. Keep re-rolling trimmings, you should get about 40 biscuits. Arrange on trays lined with baking parchment, cover with cling film and chill for 30 mins.

~ Heat oven to 200C/180C fan/gas 6. Bake the biscuits for 8-12 mins until pale golden, then cool. Once cool, spread half the biscuits with a little lemon curd and top with a second biscuit. Arrange the biscuits on wire racks over trays. Mix enough lemon juice into the icing sugar to give a runny consistency, then drizzle over the biscuits. Scatter over a bit more lemon zest and leave to set.

